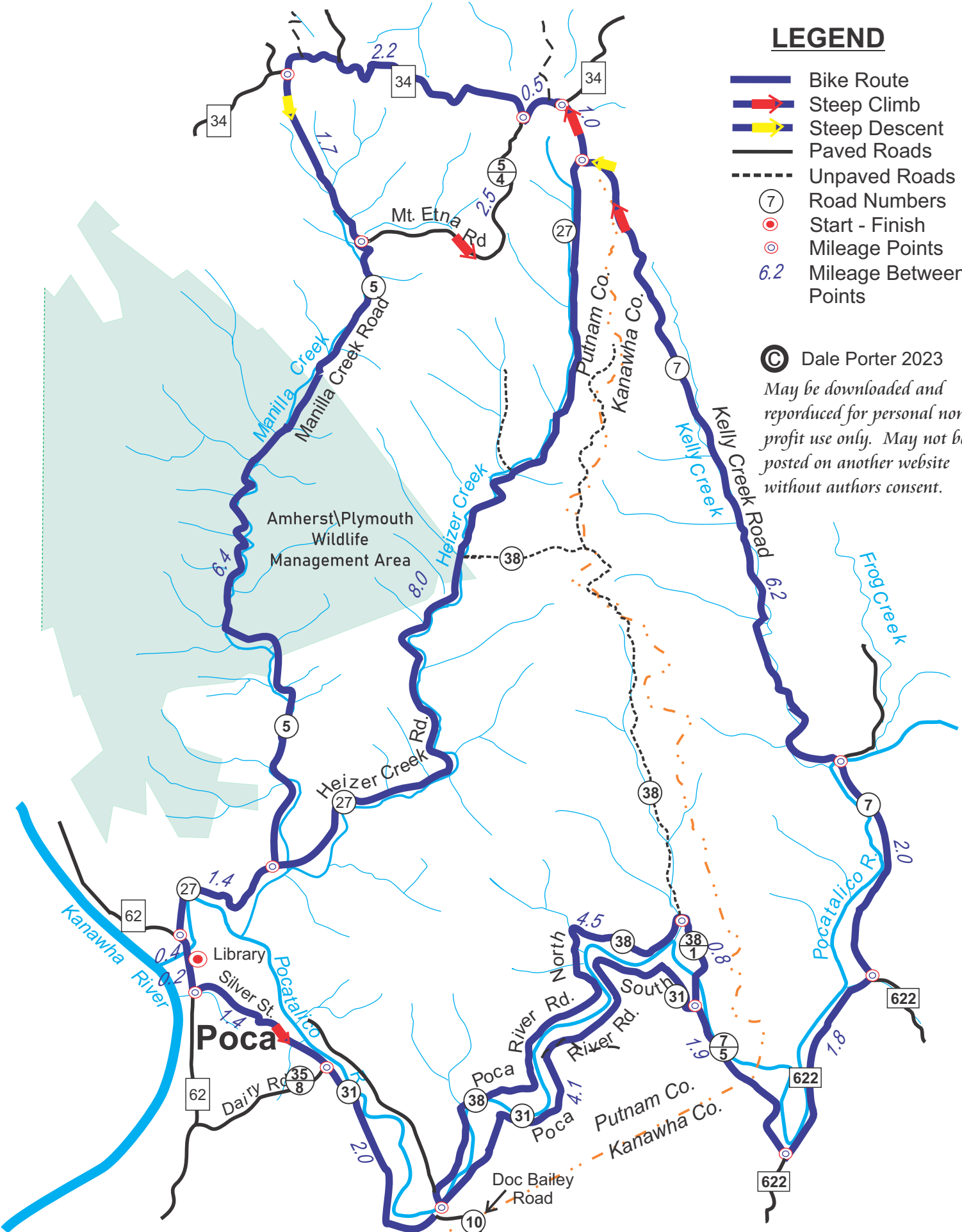


POCA LOOPS

LEGEND

-  Bike Route
-  Steep Climb
-  Steep Descent
-  Paved Roads
-  Unpaved Roads
-  Road Numbers
-  Start - Finish
-  Mileage Points
-  Mileage Between Points

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POCA LOOPS

The area of these rides used to be a favorite of local riders but after years of neglected pavement and a bridge being out, it fell out of favor. Bridge replacement and WVDOH paving in the area during the Summer of 2023 has returned it as a desirable bike area.

These short loops offer excellent recreational riding opportunities. The routes follow the Pocatalico River and feeder streams, with the few climbs coming where you cross the divide from one stream to another.

The routes are mostly in Putnam County with Kelly Creek crossing into Kanawha County.

Starting the rides from Poca, means that on the outbound legs of the ride you will be gaining altitude, and the return legs will be generally down grade.

LOOPS:

Four basis loops will be detailed ranging from 16.5 to 34 miles. These are the Poca

Water and Food Sources: There are no public sources of water or food along the routes after leaving Poca.

There is a food market in the area of start/finish.

City of Poca: Poca is located on state route 62 along the Kanawha River in Putnam County at the confluence of the Pocatalico River. It has a population of just under 900 people and the corporate limits encompass less than a square mile.

Though fairly accurate, not all cyclometers record mileage the same. This is especially true of GPS units. The old wheel based units were more accurate when properly adjusted. When using the map or cue sheets, compare the indicated mileage to the cyclometer mileage early to see whether the cyclometer mileage is running short or longer than the indicated mileage.

River Road Lollypop, Kellys - Heizer Creek Loop, Kelly - Manilla Creek Loop, and the Heizer - Manilla Creek Loop.

PAVEMENT (as of Summr 2023:

Manilla Creek Road, Heizer Creek Road and Poca River Road South were paved in the Summer of 2023. Poca River Road North was in the process of being paved with expected completion in mid September 2023. Though paved, the berms have not been graveled or brought up to the level of the pavement creating a drop off at the edge of the pavement.

The worst pavement is the 1.4 miles of Silver Street leaving Poca. At the 3 mile mark, on Dairy Road, there is a serious road slip that is somewhat blind on approach (2023).

Pavement on State Routes 622 and 34 is fair to good. Kelly Creek Rd has good to excellent pavement. There is another road slip on route 34 that is also a serious hazard.

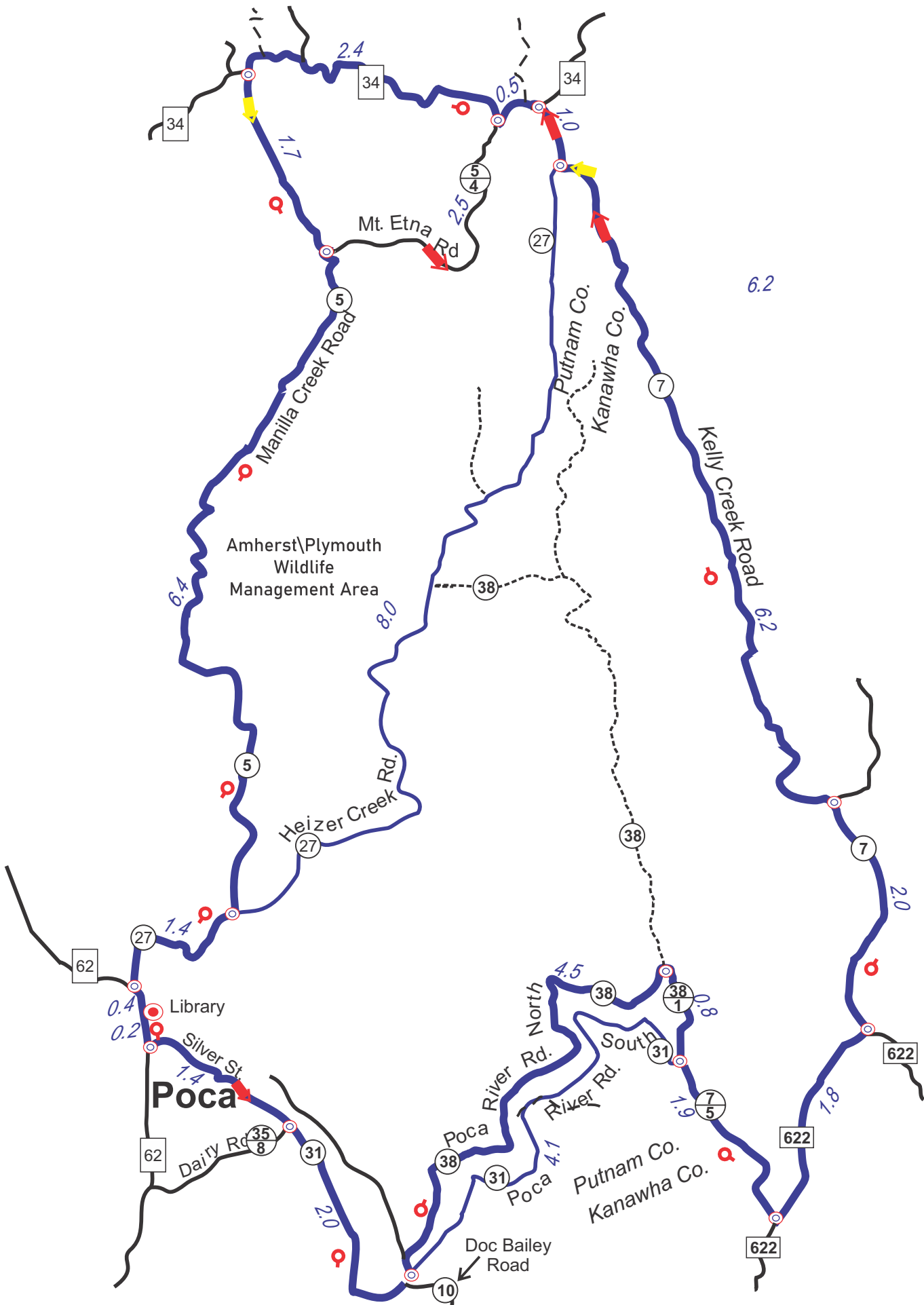


Poca library and parking lot.

The routes start and finish at the Poca public library, a log structure, that is located along Rt. 62 in front of the Poca Middle School.

The library is located 3 miles north of the Nitro exit of I-64.

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KELLY CREEK - MANILLA CREEK LOOP

Route Overview:

This route tours the Pocatalico River, Kelly Creek, and Manilla Creek. For the most part, the route is in the stream bottoms, with a few vista opportunities as you cross from one drainage area to another.

Length: 34.2
Climbing: 1805
Rating: 2.6
Climbing per Mile: 53

Poca to Kelly Creek:

Leaving South toward Nitro (Left out of parking lot.) from the Poca Library, you turn onto Silver Street after 0.2 miles. Silver Street has the first minor climb of the ride. Silver Street also has the worse pavement on the route but only lasts 1.4 miles. You then join Dairy Road. At Doc Bailey Road. you take a left across the bridge over the Pocatalico River on Poca River Road North. You follow PRR-North for 5.1 miles and then take a right onto Co. 38/1 after crossing another bridge. Co. 38/1 does not have the best pavement.

After 0.7 miles on Co. 38/1. you cross the Pocatalico River again and take a left on Poca River Road - South.. After 1.9 you turn left onto State Rt. 622. 1.7 miles brings you to Co. 7 that continues along the Pocatalico River while Rt. 622 makes a sharp right turn here, and Co. 7, Kelly Creek Road, continues almost straight past a large green gas pipeline pumping station.

Kelly Creek Finish:

Kelly Creek Road continues to follow the Pocatalico River for two miles. After two miles on Co. 7 you cross the Pocatalico River and bare left and start up Kelly Creek. At the head of Kelly Creejm you have a steep climb up to the divide between Kelly and Heizer Creeks. After a couple of rollers, you have a STEEP descent down to Heizer Creek.

At the bottom of the descent, you take a right at the stop sign on Heizer Creek and shortly begin a STEEP climb up to state route 34. Taking a left on route 34, you ride along the rolling ridge and enjoy some nice vistas. You pass Etna Road, Co. 5/4 on the left that used to be a nice route alternative. The pavement is now so bad it is more suitable for gravel bikes.











Continuing on route 34, till you reach the 25.0 mile distance in the ride you turn left onto Co. 5, Manilla Creek Road. You soon begin the descent down to Manilla Creek. Manilla Creek follows a gentell down grade all the way back to the intersection with Heizer Creek, 1.8 miles from the finish.

CUE SHEET

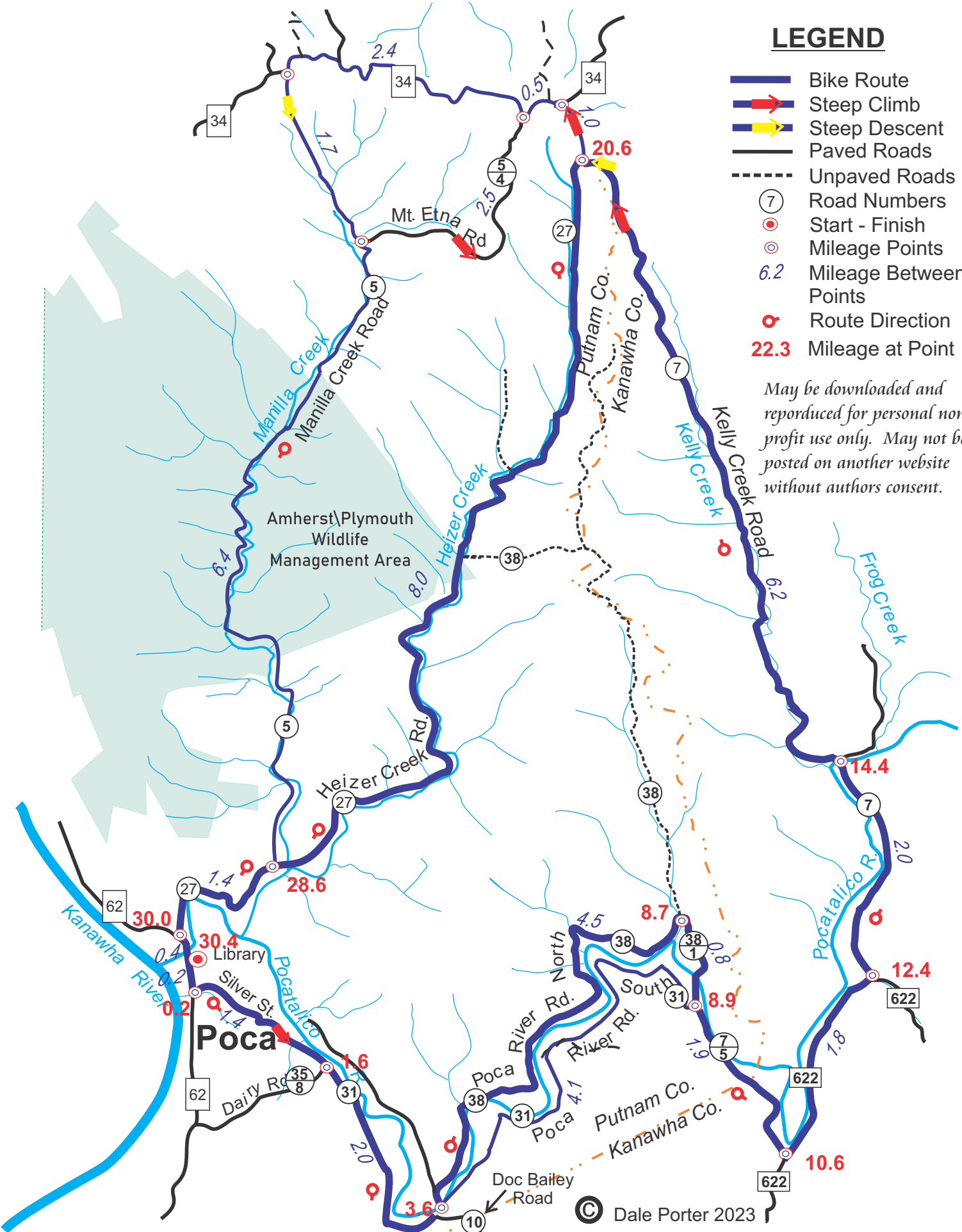
0.0 Poca Public Library	0.0
0.2 L onto Silver Street	0.2
1.4 L on Dairy Road	1.6
2.0 L on Poca R. R. North	3.6
5.1 R on 38/1 at bridge.	8.1
0.7 L at bridge onto Poca R. Road	8.9
1.9 L onto St. Route 622	10.6
1.8 L onto Co. 7, Kelly Creek Rd.	12.4
2.0 L at bridge - Conti. on Co. 7	14.4
6.2 R on Co. 27, Heizer Creek Rd.	20.6
1.0 L onto State Route 34	21.2
2.7 L onto Manilla Road Co. 52	24.2
8.0 R onto Heizer Creek Rd.	32.3
1.4 L onto State 62.	33.9
0.4 Finish at Public Library	34.2

KELLY CREEK - HEIZER CREEK LOOP

LEGEND

-  Bike Route
-  Steep Climb
-  Steep Descent
-  Paved Roads
-  Unpaved Roads
-  Road Numbers
-  Start - Finish
-  Mileage Points
-  Mileage Between Points
-  Route Direction
-  Mileage at Point

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POCA LOOPS

KELLY CREEK - HEIZER CREEK LOOP

Route Overview:

This route tours the Pocatalico River, Kellys Creek, and Manilla Creek. For the most part, the route is in the stream bottoms, with a few vista opportunities as you cross from one drainage area to another.

Kellys Creek you have a steep climb up to the divide between Kelly and Heizer Creeks. After a couple of rollers, you have a STEEP descent down to Heizer Creek.

At the bottom of the descent, you take a right at the stop sign on Heizer Creek and shortly begin a STEEP climb up to state route 34. Taking a left on route 34, you ride along the ridge and enjoy some some nice vistas. You pass Etna Road, Co. 5/4 on the left that used to be a nice route alternative. The pavement is now so bad it is more suitable for gravel bikes.

Continuing on route 34, till you reach the 25.5 mile distance in the ride you turn left onto Co. 5, Manilla Creek Road. You soon begin the the descent down to Manilla Creek. Manilla Creek follows a gentel down grade all the way back to the intersection with Heizer Creek, 1.7 miles from the finish.

Poca to Kelly Creek:

Leaving South toward Nitro (Left out of parking lot.) from the Poca Library, you turn onto Silver Street after 0.2 miles. Silver Creek has the first minor climb of the ride. Silver Street also has the worse pavement on the route but only lasts 1.4 miles. You then join Dairy Road. At Doc Bailey Road. you take a left across the bridge over the Pocatalico River on Poca River Road North. You follow PRR-North for 5.1 miles and then take a right onto Co. 38/1 after crossing another bridge. Co. 38/1 does not have the best pavement.

After 0.7 miles on Co. 38/1. you cross the Pocatalico River again and take a left on Poca River Road - South.. After 1.9 you turn left onto State Rt. 622. 1.7 miles brings you to Co. 7 that continues Pocatalico River while Rt. 622 makes a sharp right turn here, and Co. 7, Kelly Creek Road, continues almost straight past a large green gas pipeline pumping station.

Kelly Creek Finish:





Kelly Creek Road continues to follow the Pocatalico River for two miles. After two miles on Co. 7 you cross the Pocatalico River and bare left and start up Kelly Creek. At the head of

CUE SHEET

0.0 Poca Public Library	0.0
0.2 L onto Silver Street	0.2
1.4 L on Dairy Road	1.6
2.0 L on Poca R. R. North	3.6
4.5 R on 38/1 at bridge.	8.1
0.7 L at bridge onto Poca R. Road	8.9
1.9 L onto St. Route 622	10.8
1.7 L onto Co. 7, Kelly Creek Rd.	12.4
2.0 L at bridge - Conti. on Co. 7	14.4
6.2 L on Co. 27, Heizer Creek Rd.	20.6
9.5 L on State 62	30.0
00.4 FINISH	30.4

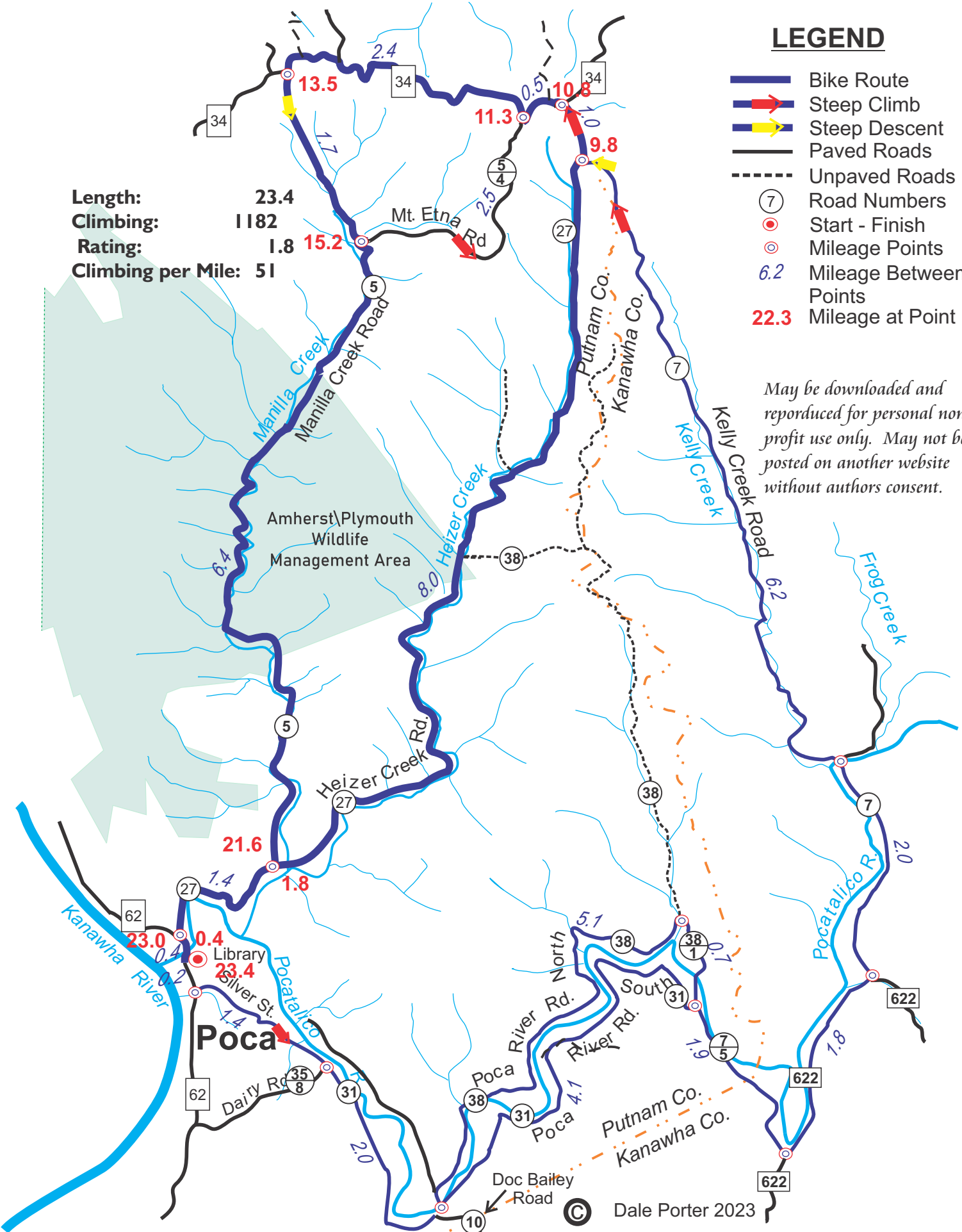
HEIZER CREEK LOOP - MANILLA CREEK LOOP

LEGEND

-  Bike Route
-  Steep Climb
-  Steep Descent
-  Paved Roads
-  Unpaved Roads
-  Road Numbers
-  Start - Finish
-  Mileage Points
-  6.2 Mileage Between Points
-  22.3 Mileage at Point

Length: 23.4
 Climbing: 1182
 Rating: 1.8
 Climbing per Mile: 51

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POCA LOOPS
HEIZER CREEK LOOP - MANILLA CREEK LOOP

Route Overview:

This route tours the Heizer and Manilla Creek. For the most part, the route is in the shady stream bottoms, with a few vista opportunities on route 34 as you ride across the dividing ridge between Eighteen Mile Creek and the Pocatalico River drainage.

Length: 23.4
Climbing: 1182
Rating: 1.8
Climbing per Mile: 51

Heizer Creek to Route 34:

Heading north (Right out of parking lot.) on route 62 from the Library you turn right on Co. 27, Heizer Creek Road. Ten miles into the ride, you begin the very steep climb up to route 34 that you reach at 10.8 miles.

Route 34 to Finish:

Taking a left on route 34, you ridge across the ridge with some nice views. After 13.5, you take a left on county route 5. Passing a private greenhouse, you quickly begin a to descend, steeply at times, down to Manilla Creek. Continue to follow Manilla Creek Road till it intersects Heizer Creek Road at 21.6 miles. Taking right, you retrace your outbound route back to the Poca Library.

CUE SHEET

0.0 Poca Public Library	0.0
0.4 R onto Heizer Creek Road	0.4
10.7 `Left on State 34.	10.8
2.7 Left on Manilla Creek Road	13.5
7.9 Right on Heizer Creek Rd.	21.6
1.4 Left on State 62	23.0
0.4 Finish	23.4