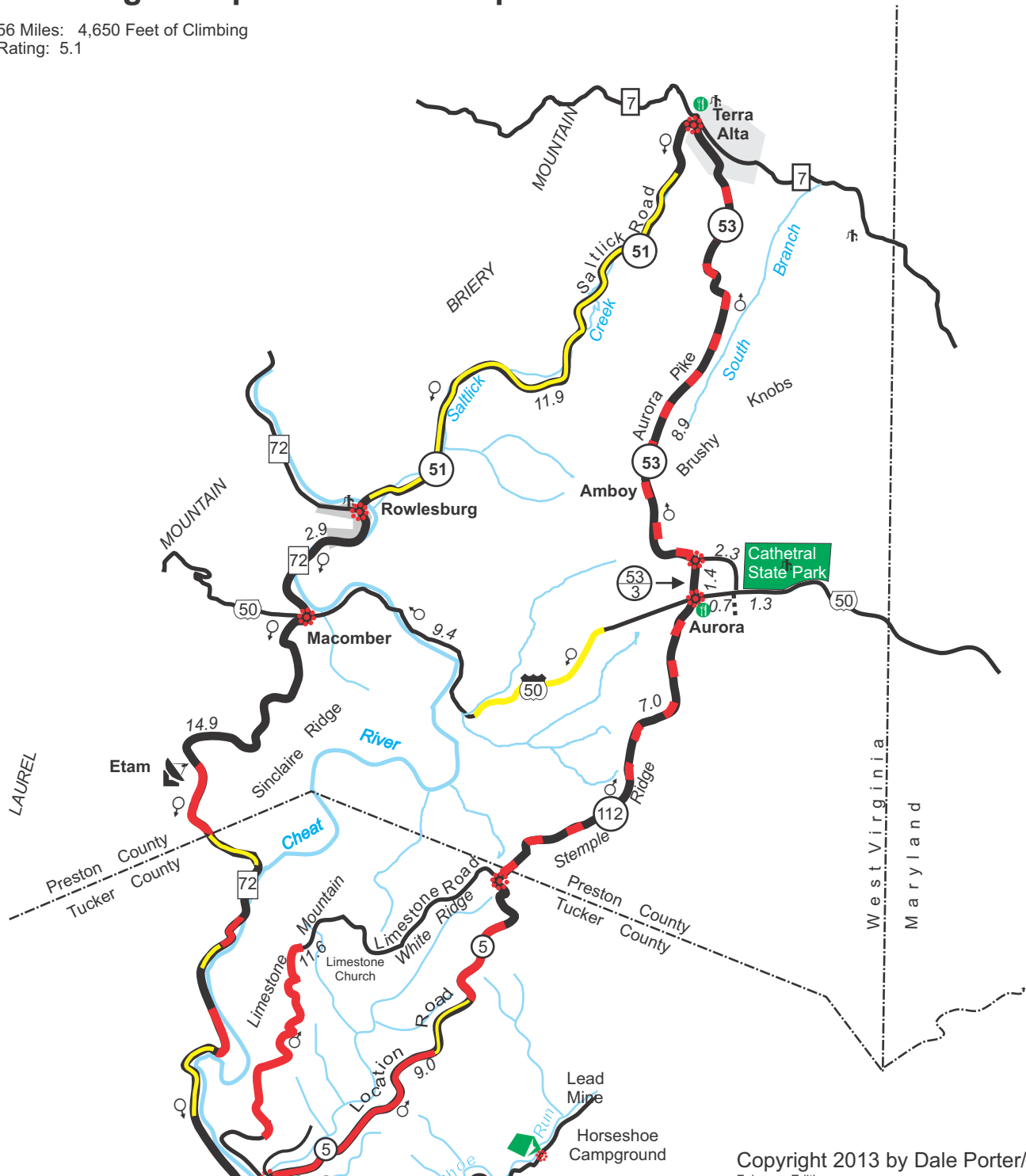


# St. George Loop -Terra Alta Loop



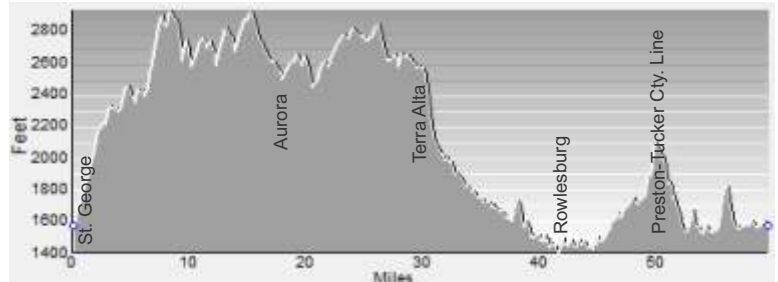
www.cyclingscenicwv.com

56 Miles: 4,650 Feet of Climbing  
Rating: 5.1



- Mileage Markers
- 5.9 Distance Between Markers
- Snacks/Food Opportunities
- Water Opportunities
- Recommended direction arrows.
- Main bike route.
- Major (not all) climbs designated in red..
- Major downhill/descents designated in yellow.
- Ridge Riding.

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## St. George Loop -Terra Alta Loop

This is a beautiful and challenging 56 mile ride through forest and farmland along ridges and valleys. There are beautiful vistas along Location Road and Stemple Ridge. You earn the vistas with a lot of climbing though. Definitely a ride worth during in the different seasons of the year.

This loop covers northern Tucker and southern Preston counties. For the 4,650 feet of climbing, you are rewarded with some great vista along Stemple Ridge and an almost 11 miles of downgrade between Terra Alta and Rowlesburg.

It is recommended to start in St. George, as there is no reliable public source of food and water between Rowlesburg and Terra Alta directly on the route. Starting in St. George gives you a halfway source of food and drink in Terra Alta. It also puts the majority of the climbing in the first part of the ride when your legs are fresh.

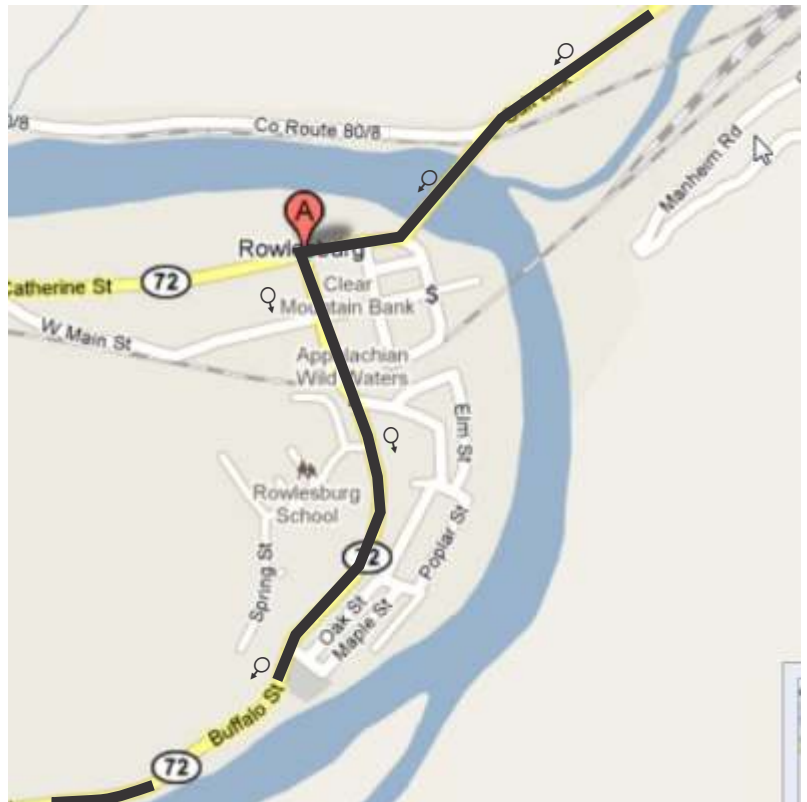
There is a public park on the St. George end of the bridge that is convenient for parking.

### Turn List

- 0.0 0.0 St. George**
- 9.0 9.0 Right** on Co. 112 Stemple Ridge
- 16.0 7.0 Straight** at Intersection with Rt. 50 at Aurora and continue on Cty. 53/3, an at Aurora. There is a restaurant here. (2016). A two mile detour to the right will take you to Cathedral State Park.
- 17.4 1.4 Left** on Cty. 53
- 26.3 8.9 Left** on Salt Lick Road , **Right** on Bridge Street and **Left** onto Cty. 51 Salt Lick Road before crossing the bridge. Refer to map at above right. There is a convenience **store** just across the bridge at the junction with State Route 7.
- 38.2 11.9 Left** onto State Route 72 in Rowlesburg
- 41.1 2.9 Right** and **Left** to continue on Route 72.
- 56.0 14.9 Left** across the bridge at St. George to the Finish



Terra Alta - Bike Route in Black



Rowlesburg