

# Limestone Mountain Loop

Length: 20.8 Miles










Climbing: 2,066 Ft.

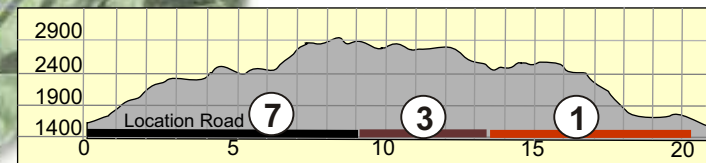
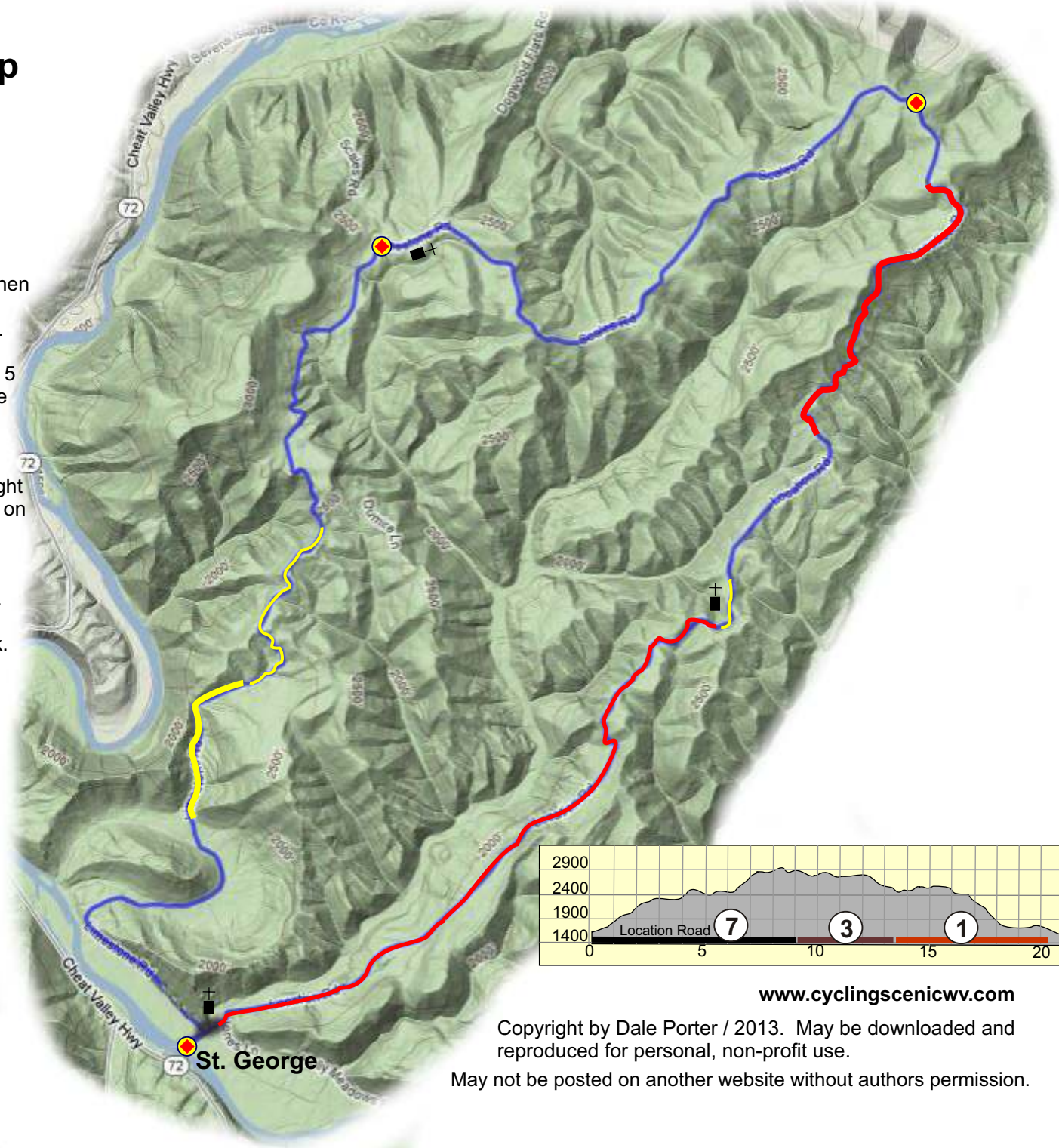
Rating: 2.1

Climbing Per Mile: 99.3

One long climb up Location Road (Cty. 7), then rolling along the top of Limestone Mountain and then you descent back to the river at St. George. Don't let the first steep ramp out of St. George scare you. The climb is mostly 5-7% for the first 5 miles, than a lottle down grade and the last couple miles you have some 8-10% grades.

- **0.0 Start** at the park by the river in St. George. Leaving the park you continue straight thru St. George and begin an immediat climb on Cty. 7, Location Road.
- **9.0 Left** on Cty. 3, Limestone Mt. Rd.
- **13.0 Bare** left to stay on Limestone Mt. Rd.
- **13.2 Stay** straight and you are now on Cty. 1. Cty. 3 makes a right and turns to gravel.
- **20.6 Right** in St. George to return to the Park.
- **20.8 Finish**

-  Bike Route
-  Climbs with steep grades\*
-  Climbs with easier grades
-  Major descents\*
- 0.0** Mileage at Mileage Points
- 0.0** Mileage Between Points
-  Churches
-  Churches
-  County Roads
-  State Roads
-  Ride Direction



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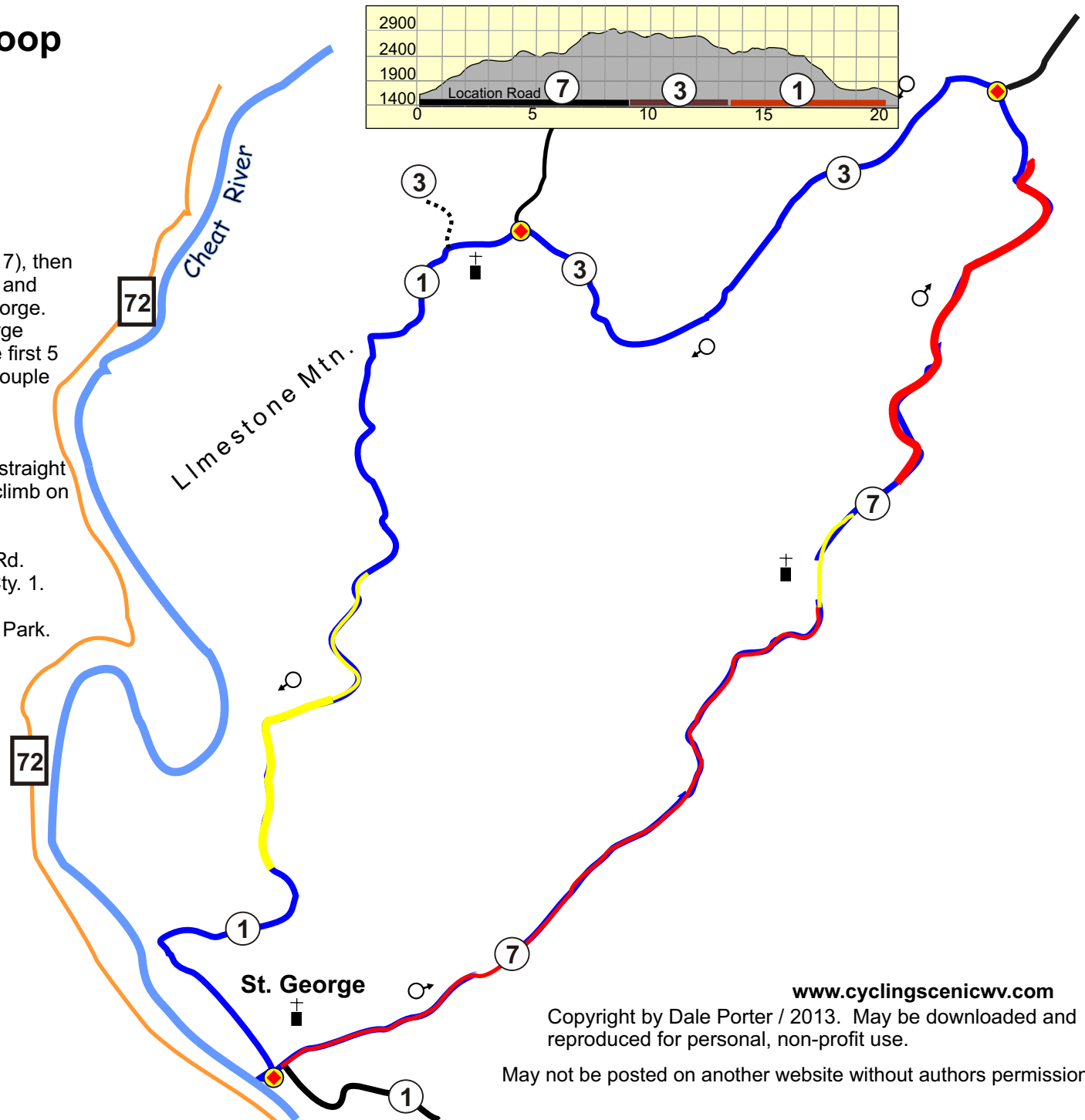
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 County Roads

 State Roads

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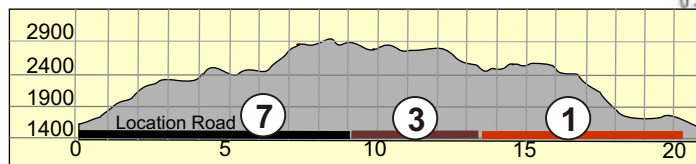
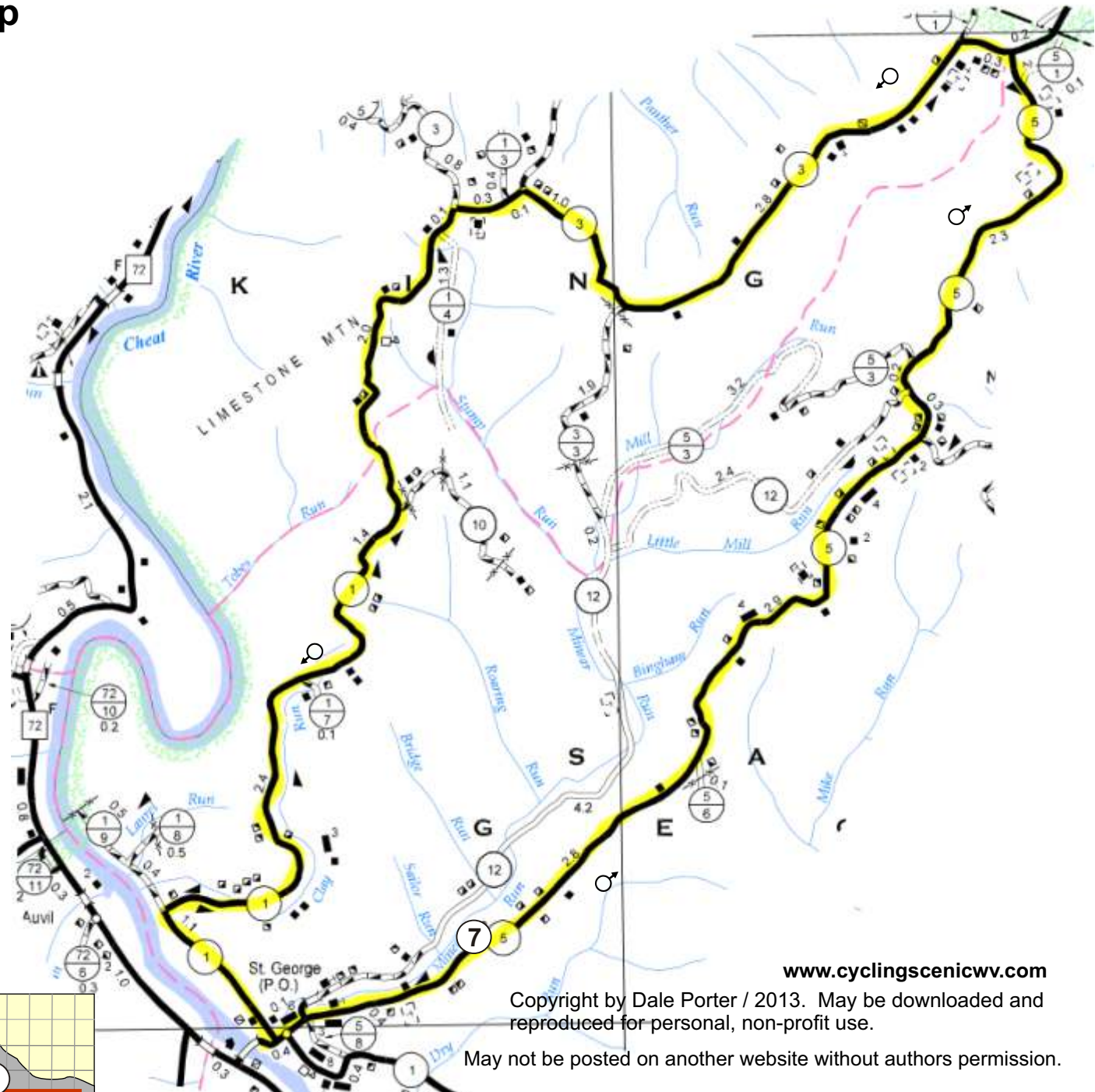
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This is a short, but challenging ride but you are rewarded with great vistas. The views start early as you climb out of St. George you soon get views across the valley of Limestone Mountain and back toward St. George. Topping out, climb, you have great views from Limestone Mountain.

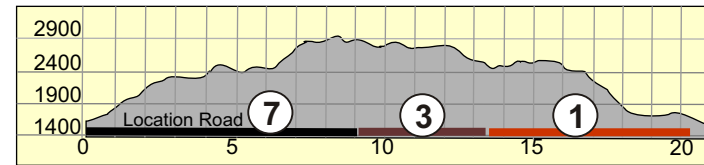
The climb is 5 to 7% for the first 5 miles and then you have a break with some flat and downhill before the final couple miles where it can ramp up to 8 - 10% in places. Then you have some rollers across Limestone Mountain, before a steep descent down to the Cheat River Valley.

You descent into what was once an oxbow of the Cheat River, but the river long ago cut thru the base and bypassed the oxbow.

After descending you have a flat couple miles back to St. George.

There are no sources of food or water on this route, so be sure to start out supplied. The nearest stores are in Parsons.

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